

Nutrition Facts

Serving Size 1 piece (30g)

Amount Per Serving	Wafer	with 16 oz (480 ml) skim milk
Calories	143	303
Calories from Fat	98	98
		% Daily Value*
Total Fat 10.8 g	17%	17%
Saturated Fat 6.3 g	32%	32%
Trans Fat 0 g		
Cholesterol 2.9 mg	1%	<3%
Sodium 19.4 mg	1%	<12%
Total Carbohydrate 12.6 g	4%	<12%
Dietary Fiber 3.9 g	16%	16%
Sugars 1.1 g		23.3 g
Protein 1.4 g		17.4 g
Vitamin A 0 IU	0%	
Vitamin C 0 mg	0%	
Calcium 22.7 mg	2%	
Iron 0.6 mg	3%	
Vitamin B12 2 mcg	33%	
D-Biotin 30 mcg	10%	
Magnesium 23.3 mg	6%	
Zinc 2.7 mg	18%	
Caffeine 4.6 mg		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total fat		65 g	80 g
Sat Fat		20 g	25 g
Cholesterol		300 mg	300 mg
Sodium		2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: Milk chocolate with maltitol (maltitol, cocoa butter, whole milk powder, cocoa mass, emulsifier: soya lecithin, natural vanilla flavor), palm fat, wheat flour, sweetener: maltitol; oligofructose, skimmed cocoa powder, vitamin mix (magnesium, maltodextrin, zinc, D-biotin, vitamin B12), coconut oil, free range egg yolk (egg yolk, salt), emulsifier: canola lecithin, salt, green tea extract.

Manufactured on shared equipment, may contain (peanuts, hazel nuts, wheat, soy, milk).

Guaranteed freshness: ** 6 months
Storing conditions 18 C

**Explanation guaranteed freshness:

The omiwafer has, when stored under the right conditions (cool, dark and dry) and in unopened packaging, a "best before" period of 9 months. During this period and stored under the mentioned conditions the (microbiologic) quality is guaranteed. With regard to the organoleptic (taste, smell, color and texture) quality we apply a freshness guarantee of 6 months. During this period the wafer products have the same organoleptic quality as the quality of the product at the time of production.

Manufactured for: Omifend Products Division, Omni One LLC • 39555 Orchard Hill Place Ste 600 • Novi, Michigan 48375 USA

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Made In Holland

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin B12 (as Cyanocobalamin)	3.33 mcg	56%
Magnesium (as Magnesium Oxide)	41.66 mg	10%
Zinc (as Zinc Sulfate)	3.33 mg	22%
Chromium (as Chromium Picolinate)	200 mcg	167%

Proprietary ACG Smooth Blend Complex 553 mg **
Cassia (Cinnamomum burmannii) Bark Extract, Ginsenosides (from American Ginseng Root Extract), Green Tea Leaf Extract, Lutein

**Daily Value not established.

Other Ingredients: Gelatin (Capsule), Microcrystalline Cellulose, Magnesium Stearate, Titanium Dioxide (Color), FD&C Red # 3, and FD&C Blue # 1.